







All prices are subject to change





All prices include 15% Vat




Full payment is required at least 24 Hours before arranged collection time



To place orders email catering@groundedat.co.za

VEGETABLES +SALAD			
<p>Mixed Roast Vegetables (2,5kg)</p>			<p>R 199.00</p>
<p>Grilled Butternut with Tzatziki and Popped Pumpkin Seeds (2,9kg)</p>			<p>R 159.00</p>
<p>Grilled Red Onions, Rocket and Nut-Chili Salsa (940g)</p>			<p>R 179.00</p>

<p>Zucchini and Pecorino Fingers (500g)</p>		<p>R 69.00</p>
<p>Herb Garden Salad with Pecorino and Lemon Dressing (413g)</p>		<p>R 89.00</p>
<p>Brinjal Slices with Herbs, Sundried Tomato and Yoghurt (1,1kg)</p>		<p>R 99.00</p>
<p>Aubergine Cheese Cake (1.1 kg)</p>		<p>R 169.00</p>

<p>Curried Cous Cous with Brinjals, Lemon and Coriander (760g)</p>		<p>R 69.00</p>
<p>Creamy Coleslaw (900g)</p>		<p>R 69.00</p>
<p>Lentil Ratatouille (1100g)</p>		<p>R 119.00</p>
<p>Broccoli Salad (1.2 kg)</p>		<p>R 169.00</p>
<p>Green Beans with Quinoa and Tahini dressing (1 kg)</p>		<p>R 129.00</p>

<p>Sweet Potatoes with Wholegrain Mustard Dressing (1.2 kg)</p>		<p>R 129.00</p>
<p>Pickled Onion and Butternut Cous Cous Salad (1.2 kg)</p>		<p>R 99.00</p>
<p>Creamy Mashed Potatoes (1.9kg)</p>		<p>R 119.00</p>
<p>Crunchy Detox Bowl (1.2 kg)</p>		<p>R 139.00</p>

Wish it was Summer Salad (900g)		R 139.00
		
Roast Veg with Black Garlic Yoghurt and Seed Mix (2kg)		R 169.00
		
Beetroot, Avo and Pea Salad (1.2 kg)		R 159.00
	